July/August 2019

THE LINK







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- Yoga – creating balance
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- Hort winners
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Parish magazine of Four Elms, Hever and Markbeech

£1

Welcome to the July/August Link

Those ‘lazy hazy days of summer’ seem to be taking a long time to arrive this year. However much we know we need the rain, when clouds threaten, we worry about all those carefully planned summer festivities. This issue of the Link is full of village and school events that will fill our diaries.

As we enjoy everything on offer in the months ahead, let’s not forget to thank God for all those who work hard to enable all aspects of our life together to flourish – and of course pray for fine weather! The church is firmly at the heart of our communities, and I look forward to many a happy meeting under a clear blue summer sky!

Summer is also a time for moving on. For many of the pupils at our schools, it is not just the end of an academic year. It is a time when some must say good-bye and prepare to move to pastures new. We all wish them well as they look ahead to a future full of possibilities.

As the holidays beckon, I hope we can all take time to relax, sit back, and I hope, enjoy some lazy hazy days. Happy holidays!

Rev Wendy Izod



THE LINK

news from the pews

Hever

We were delighted to have raised over £350 for Christian aid with our "Big brekkie". The total was considerably boosted by commuters who gave generously when we held "Big Brekkie 2" at the station. They were surprised and pleased to encounter a 7am cup of coffee and pastry. And Mandy Yarnold and I were surprised and pleased that we managed to get up that early - we respect those of you who do it every day.....

We are also delighted to report the bell ringers won their Call Changes class in the Tonbridge District Striking Contest. We ring for many services and weddings and are very grateful to Steph Rueff for all her work training the new ringers. Steph works at Bore Place which this year is benefitting from the Rochester Diocese poverty and hope appeal for its work with disadvantaged people.

The parish lunches in the beautifully redecorated village hall continue to be popular and we would love to welcome new faces. If you would like to join us and need a lift do let me know on 07766 763124. The next lunch is on Thursday 11 July at 12 for 12.30.

And finally - the barn dance! The annual barn dance is on Saturday evening 7 September, starting at 7pm. The Roundhouse Folk (featuring our own Angela Purll) call and play for the dances and there is a barbecue, Larkins beer and - for the first time - a gin and prosecco bar! Do come along to dance, eat and meet your neighbours (not necessary to do all three!). Children love the dancing and the jelly! Tickets are on sale now through bookitbee.com/Hever or you can contact me for more information and tickets on 07766 763124

Jane Rosam
Churchwarden

Four Elms

June 2019. The words "Thank God" are often banded about for things which seem to have worked well for us with little real thought of the true meaning. June 6 1944 is a date for which we can genuinely say "Thank God". D Day is one of the most significant dates in European history. An exceptional combined Task Force left for the invasion and the freeing of Europe from the appalling Nazi tyranny. I am certain we all said a prayer of thanks for the success of the D Day landings and remembered in our prayers the many servicemen and women and civilians who lost their lives for our freedom. Thank God for such bravery by so many for future generations who have lived in "European" peace since 1945.

St. Paul's Four Elms had its usual 8am service for the early birds. We also had Parish Communion combined with Inspire and followed by the Rogation Sunday walk, beating the bounds, this year in Four Elms ably organised by Peter Titchmarsh. A delicious tea followed in Margaret Bates' garden. Thank you Margaret.

We also celebrated the baptism of two children, Gregory and Eleanor. We welcome both of them into our family at

St. Paul's. Café Church was attended by the Reverends Wendy and Simon, which concentrated on Pentecost. We had a full Parish Rooms and plenty of activities relating to Pentecost thanks to excellent activities by Caroline and Simon and thanks to Susie for accompanying us on her guitar for a new song.

July is the month of our most important fundraiser – the village fete. Do please support the Church Stalls where you can, either with bottles, cakes etc. or equally as necessary, help on the day. Many hands make light work!!!

Christina Hodson
Churchwarden

Markbeech

Aah! We're singing my favourite hymn again which the Markbeech choir love to sing at this time of year:

'The summer days are come again;
Once more the glad earth yields
Her golden wealth of ripening grain,
And breath of clover fields,
And deepening shade of summer woods,
And glow of summer air,
And winging thoughts, and happy moods
Of love and joy and prayer.'

We are now in the midst of weddings, cricket festivals, folk festivals, garden jazz lunches and garden openings. All of which are integral to both village and church life. All of which display our happy moods of love and joy and prayer. We are so very blessed to live in this beautiful place!

Back to the business of Holy Trinity: last month we experimented with a projector rather than service sheets in our well attended family service. We learnt why they are hung from the ceiling rather than sat on the floor – you need to be 7 foot tall if you are at the back to read it!

Marielou and I attended the Archdeacon's Visitation in Christ Church Tunbridge Wells to pledge our alliegance as Churchwardens for the coming year. We had a very jolly Parish lunch stretching our quiche and frittata supplies somewhat – next time we will bake more! And finally our beloved church clock has been serviced!

Dates for your diary: Sunday 30th June Edenbridge Music & Arts Jazz at Saxby's Mead; Thursday 4th July 7.30pm PCC meeting at Saxby's Mead; Sunday 7th 12.30pm Village Lunch at School Cottage; 21st 9.15 am Family Service; 23rd 12.30pm Parish Lunch MBVH.

Nicki Talbot
Churchwarden

Four Elms Village Hall

The volunteers from the League of Friends have completed the levelling and seeding of the 'cleared' hall main garden with help from local farmer Chris Jones. An amazing transformation when you consider the 'jungle' that covered the area for years. I am sure it will prove an asset in years to come.

Saturday 4th.May saw thirteen people arrive before 8am to 'barrow' and lay concrete to form a new disabled ramp and access path into the new garden, following several weeks of hard work forming the necessary shuttering and carrying out the necessary preparation work.

The trustees still need volunteers to form a hall cleaning rota, please phone or email me offers of help on the number below.

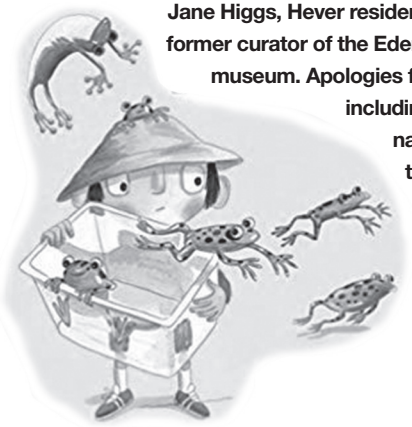
Mike Follows
Chair of Trustees.
01732 700280



Jane goes hopping mad

correction

In case you were wondering who wrote last month's article "Jane goes hopping mad" - it was Jane Higgs, Hever resident and former curator of the Eden Valley museum. Apologies for not including her name at the end.





CHIDDINGSTONE CASTLE

HISTORIC HOUSE • COLLECTIONS • VENUE

July 7th - Object handling session. 11.30am – 3.30pm

Join us to celebrate the CBA Festival of Archaeology 2019 by handling some real Ancient Egyptian objects from the Castle's collection with our curator Naomi, together with the consultant curator of the Hall of Egypt at the Houston Museum of Natural Science USA, Tom Hardwick.

The drop in will be held in the Activity Room, included in with the normal admission. FREE entry for members of the Young Archaeologists' Club.

August 11th - Family Friendly Buddhist Arts and Activity Day, 11am – 4pm.

A day of family activities themed around the Castle's Buddhist Collection. Join us to learn more about Buddhist art and culture, try some family-friendly yoga and meditation, explore the grounds with a mindfulness walk, taste traditional matcha tea, and enjoy some creative crafts. Adults £10, Children (5-13) £5, Families (2+2) £25, under 5's free entry.

For more information about our other forthcoming events, including **FOREST SCHOOL**, please visit our website www.chiddingstonecastle.org.uk

Discover a unique and fascinating country house that's right on your doorstep

Open 31st March to 30th October, Sundays to Wednesdays and
Bank Holidays (excluding Good Friday) 11am – 5pm, last entry 4.15pm
Year round availability for weddings, parties, corporate events, groups & school visits

Chiddingstone, Kent TN8 7AD - 01892 870347 - hello@chiddingstonecastle.org.uk

Medicine Past and Present
- a personal view



Maybe the thoughts of a retired doctor looking at the present scene may be of some interest in our rapidly changing daily lives? I was a GP in Edenbridge from 1957-1992, finally retiring in 2000.

I started studying medicine in 1948 when we were just emerging from the privations of the last War. So my life and medical career have spanned the most momentous period of change ever in our understanding of illness and the treatment of disease from the pre-antibiotic era to the gene therapy of today. There have been so many changes to life generally and politically that the NHS has had to adapt continuously to medical progress and our patients' expectations. The old adage that "doctor knows best" is long gone as patients often know more about their illness than the doctor from searching the Internet! Indeed the Internet has enabled us all to become vastly more knowledgeable about everything, and this has dispelled a lot of the mystique of medicine which gave doctors in the past an aura of almost supernatural power in holding the key of life and death. I remember when I qualified as a doctor in 1954 as a callow youth of 24 I became aware that ordinary mortals regarded one as different and therefore entitled to an unwarranted degree of respect! Little did they know the depth of one's ignorance and their vulnerability.

This respect, and even deference, could evoke in the doctor a feeling of invincibility, but such is the complexity of our human frame that there is an ever present danger of doing more harm than good, and this keeps the doctor's cockiness in check!

Perhaps it would be interesting to list some of changes in medicine from those far off days to the present (not in any order of importance).

1. **The European Working Time Directive. (EWTD)** This limits the hours a doctor can work to 48 hours a week. This compares with over 100 hours a week in my early days and for most of my career. This shorter working day accounts for the huge change in night and weekend working, and in the continuity of care which we older folks felt was the hallmark of good practice and of the satisfaction we and our

patients derived from this old style practice. It has also destroyed the team working in hospitals which was so important in supporting and educating young doctors at the most vulnerable period of their lives. Perhaps Brexit may free the NHS from this damaging constraint.

2. **Longevity** The average life span today is 79 for men and 82 for women (they were always the tougher breed!). Since 1900 our life expectancy has more than doubled. Of course the longer we live the more medical problems we develop and the more complex is the treatment and the possible interaction of the drugs taken. The recent levelling off of our increasing life expectancy is giving cause for anxiety that we may at last be reaching the limit. In fact it is becoming increasingly difficult to die and a feeling arises that if we die it must be someone's fault!

3. **Computerisation** The advent of the computer has been a great overall benefit in medical care enabling accurate transferable record keeping, ready access to information about drug side effects and interactions and many other benefits.

4. **Manpower shortages** Overall there are over 100,000 unfilled vacancies in the NHS. This leads to stress and low morale as inadequate staff try to meet the demands of an increasing number of patients. This is aggravated by inadequate number of beds because over the years management has sought to limit expenditure by reducing the bed stock. These shortages in manpower are aggravated by many doctors seeking to retire early and by the inadequate numbers seeking to train as doctors or opting to specialise in general practice. The recent government initiative to recruit 20,000 extra staff to support GPs will further dilute the personal relationship between the doctor and his patients which my generation valued so highly.

5. **Litigation** In my generation, on the whole, patients trusted their doctors to do their best in caring for them, at the same time recognising that medicine is an inexact science and that there is risk in every action and treatment. Provided the doctor was perceived to have done his best, he might be forgiven for errors which might even lead to death. Today that forgiving attitude has completely gone and patients are very ready to sue if the outcome does not meet their expectation. The result is a wariness on the part of the patient, and vast sums being spent by the doctors and hospitals in defending themselves from an increasingly litigious public.

Despite the above medicine remains a great profession, full of challenges, endless fascination and sometimes great rewards, but inevitably sadness and loss at times.

Andrew Russell

Four Elms Fete

Saturday 13 July 2019 1pm
It's that time of the year again!! The Four Elms Village Fete in the Church Meadows. Much planning goes into the yearly event and we thank Montreal Estate for the use of their lovely meadow next to the Church.

Now in its 66th year, we marvel at how "the village" has managed to keep the event going for so long. It was started at the time of the Coronation in 1953 in the vicarage garden, by kind permission of the Reverend Penn, vicar of St. Paul's.

The Fete may have grown in size but the ethos stays the same. A village fete with traditional attractions where there is something for everyone to enjoy. This includes family races, family dog show, classic cars, a flypast, the wonderful Willerby Maze, Beer tent, Tea tent, BBQ and a whole lot more.

Please come and enjoy the afternoon. It's free entry if you arrive on foot, which we hope everyone from the village is able to do. Look out for the free delivery of the Fete Programme throughout Four Elms village during the week preceding the Fete.



balancelotts

Lotte Andrews – what I do
I qualified as a yoga teacher in Rishikesh, India. Since then, I have set up balancelotts Yoga Studio in Hever. I am not only a yoga teacher but also a private chef and potter.

My main belief is that if we fuel our bodies with the right components to aid creating balance in our lives whether its through diet or lifestyle, then we can enable ourselves to function to the best of our ability.

Aiding balance comes from yoga, twists, expansions and bends, energising the cells within our bodies, kick starting our digestion, giving us energy and strength to practise.

Sessions at balancelotts vary from strong Vinyasa flows to stretchy Hatha classes giving you the correct mix to harmonise the body; setting up balance in our bodies will give us balance in our lives.

Giving our bodies the correct starter kit to begin our yoga journey has been at the forefront of my thinking, a continuous process and infinite journey. For more information contact me on mail. lotts.co or 07950 614904

Hever Parish lunch

Thursday 11 July
12 for 12.30 Hever Village Hall.

All welcome to lunch – delicious home made soup, bread and cheese, cake etc. The company is good too!

Do join us if you can!




HEVER HARVEST FAMILY FUN
BARN DANCE
7th September
BOOK NOW! www.BookITBee.com/Hever


EDEN VALLEY MUSEUM
New Exhibition
HOPPING IN THE EDEN VALLEY
3rd July - 20th December 2019
WARREN MEADOWS CHARITABLE TRUST
Eden Valley Museum, Church House, 72 High Street, Edenbridge TN8 5AR
OPEN: Wednesday and Friday: 2pm - 4.30pm; Thursday and Saturday: 10am - 4.30pm;
Sundays in June, July and August: 2pm - 4.30pm, other days by appointment. Tel. 01732 868102;
Email: curator@evmt.org.uk; Web: www.evmt.org.uk; @EdenMuseumKent
Registered Charity No. 1065466

The Hever Residents Association

SCARECROW COMPETITION is back!

Make a Scarecrow over the summer. Put it outside your house and be in for a chance to win the HRA trophy!

See posters around the village for more information.



FOUR ELMS VILLAGE FETE



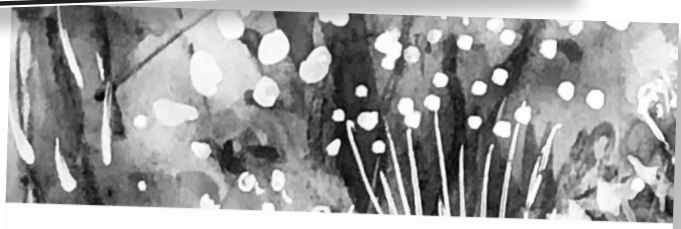
WANTED please for the Church Stalls

If you have any bric-a-brac either deliver to the Fete on the morning or call 01732 700247

Also needed please, cakes for tea tent,

Jams and Preserves for Produce Stall, Bottles for Bottle tombola

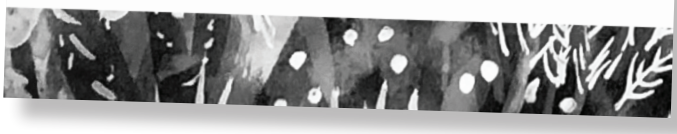
Thank you – look forward to seeing you



Markbeech Village Lunch

Sunday 7th July from 12.30pm, at School Cottage, Markbeech.

£12.50 per head, children free, RSVP Marielou Linklater marielou@me.com





Doug Bowern, Chair of the Hever Rose and Horticultural Society with Sue Theobald, winner of the Astor Rose Bowl, for the best exhibit of roses, and the Woollett Family Challenge Cup, for the most points awarded for all the flower classes at the Rose Show on 15 June.

It was an excellent show despite the bad weather over the previous days. Jane Tolfree, Show Secretary said “the roses shown for perfume were lovely and what a shame the perfume cannot be bottled. The judges commented on the high standard of entries - well done to all the exhibitors.”

Markbeech Men’s Breakfast Group

On 6th July at 8.30 am at Markbeech village hall with a talk from Capt Dane Handley entitled ‘Aircraft Technology, What next for pilots?’ If you would like to come along call Rudy Porter on 01342 851449



Hever village hall

"We all think the Hall looks GREAT"... was the totally unsolicited message attached to the payment for our regular weekly booking – The Table Tennis Group*.

It was ample reward for the effort put in over the weekend of the 17/20 May by the Hall's management committee, their partners and friends, (including those who dropped by to cheer us on with homemade goodies), to redecorate the hall. Led professionally by 'Quality Decor', they toiled unstintingly for 3+days to produce the fresh look to our beloved hall, pictured above.



Vast quantities of paint, undercoat, top coat, tea and coffee were consumed in the magnificent effort, framing freshly washed and ironed curtains – all by the same team, on and off the premises.

Topping this herculean task came the news that the cost of materials consumed (about £350) was mainly met by the generous donation by Waitrose, of £323, raised by the green checkout tokens – contributed by the community. So sceptics beware, what started as a simple Chairman's request for a 'refresh' culminated into a massive spring clean joint redecoration effort, by a united Committee and Friends.

Just think what the same team can do in our future hall regeneration project to benefit the whole local community!.

Come to our Annual General Meeting on Wednesday 26 June to find out !

*The Table Tennis Group meets most Tuesday afternoons - contact Jean Slade 01342-850302

the barn owl

The most commonly heard owl is the "toowhit-twoo" call of the tawny owl, sometimes known as Brown Owl, the woodwind of all bird songs. Not so often heard is the "screech" of our most loved owl, the barn owl. With heart-shaped face, buff back and wings and white underparts, the barn owl is a distinctive and beautiful countryside bird. The broad, softly feathered wings, specially adapted for silent flight, spanning nearly three feet, enable the bird to fly slowly over grassland searching for prey.

Owls have a distinctive round or heart shaped facial disc which acts as a sound reflector helping the bird to hear the rustlings of small animals in long grass. Hunting becomes difficult in wet weather as their soft feathers easily become water logged. And the sound of rain can interfere with their hearing.

The Barn Owl's diet consists mainly of small mammals which are swallowed whole. But as they cannot digest fur and bone it is regurgitated in the form of a pellet. Analysis of pellets indicates that Short-tailed Field Voles comprise about 75% of the diet with other small mammals including bank voles, shrews and mice making up the remaining 25%.

Breeding can occur in most months of the year and two or even three broods may be reared. Clutch size and breeding success depends on the availability of main prey species, so there may be considerable year-to-year variation in breeding performance.

Four to seven white eggs are laid at intervals of two to three days. Incubation lasts 30-31 days but the female begins with the first egg. Young hatch at two to three-day intervals and are at different stages: the youngest may die if food is short. The young birds fly at 55-60 days.

A Barn Owl will typically eat 3-4 prey items a night. During the breeding season, a pair of Barn Owls will (ideally) find this amount for each owlet as well. This works out to almost 4,000 prey items a year to feed a pair and their offspring!

Unlike Tawny Owls, Barn Owls are not territorial and hunt over a large range. When breeding they can fly up to about 2km from the nest site but in winter this increases to up to 8km.

Barn owls tend to use traditional nesting sites in barns and outbuildings and sometimes holes in trees. The loss of such sites has contributed to their decline in the 20th century but the provision of artificial nest boxes has helped them recover.

We are involved in a local project, building and erecting wooden boxes, designed specifically to suit barn owls, erecting them on trees near good hunting habitat, which have so far been successful in supporting nesting barn owls.

Peter & Lynne Flower

schooltime

news from Hever

I am immensely proud of our Year 6 children. They had their SAT tests in May and they all worked incredibly hard, showing all the skills they have learnt; their determination, enthusiasm and attitude was excellent. Well done Year 6 and get ready for your busy last half term at Hever including your end of term production 'OLIVER' which will be performed at Hever Castle! We will be bidding them farewell with a graduation worship and a social leavers' celebration.

We must not forget our Key Stage 1 children who have been involved in their Phonics revision and Year 2 SATs. They have worked hard and have been set to flourish in these tests. Results will be shared later this term. For the first time at Hever, there are 30 nursery and day-care children transitioning to reception class at the end of this term and I wish them a happy move.

I would like to take this opportunity to congratulate the children for all their achievements and thank all parents for their continuous support. I am grateful to staff and governors for their commitment so generously offered to the school. I am delighted that Hever continues to maintain such high standards and has enjoyed another successful year.

Spanish is now taught from KS1 to Year 6 and we are proud of the progress children make during their time here. Students at Hever love learning the language, through songs, games and roleplays. We are currently celebrating our inaugural Year 6 trip to Seville which consolidated the children's learning. The children designed tourist information leaflets about the history of Seville. They researched the major sites, the Alcázar Palace, Christopher Columbus' tomb, the Bullring, amongst others and then took it in turns to act as guides for the group. They practised their Spanish, particularly when greeting locals and shopping in the market.

Children also wrote adventurous newspaper articles about the Dancing Horses of Andalucía in Jerez and had some fun at the beach in Cádiz. Our students were thrilled to visit the Flamenco Museum, before watching a spectacular show and then learning some dance steps. We are fortunate to have a fluent Spanish speaking teacher in the school, (the wonderful Mrs Tyrrell) and she is inspiring the children and our community to understand the importance and value of language.

Joanna Stratton

news from Four Elms

End of term

It's hard to believe we are approaching the end of the school year and the children have just a few more weeks of school left. But what busy weeks they are! Between now and the end of term we have lots to look forward to including the

Four Elms Village fete, Sports Day, a Concert, the Year 6 trip to the Isle of Wight and the Year 4 trip to the Natural History museum for a 'Dinosnores' overnight adventure, our annual pupil awards and the Leavers' play and assembly.

Celebrating diversity
This term we started a new Rights Respecting campaign to raise awareness about diversity and the right to be treated fairly. By the end of the campaign, the children will understand that we are all different and will be able to talk about differences within the school and understand the terms 'discrimination' and 'stereotypes'. As part of this initiative, the children will wear odd, wacky socks as a symbol of diversity.

Dragons and rainforest adventures
Class Two have created their own dragons and these will be collated into a book which will be published for our school library as well as the Eden Centre. Class Four wrote rainforest adventure stories with Class Two children as their main characters. They then shared their stories with each other during reading buddy sessions.

Leavers' play
Traditionally, Class Four (years 5 and 6) put on an annual end of year production. This year, the children are performing 'The Lion King'. For inspiration, Class Four were lucky enough to travel to London to watch 'The Lion King' at the Lyceum, took part in a Disney dance workshop and even managed to see the Queen (yes, really, she was visiting a replica Sainsbury's store for retailer's 150th anniversary)!

Sporting news
Our sports club**s** have continued to be busy with regular practices as well as competitions against other local primary schools. The teams always work hard and prove that grit and determination really is the key to success.

This term we have had excellent success with two new teams: gymnastics and rugby. We entered two gymnastics teams into a competition and our Class Three team have been invited to the finals!

Our tag rugby team won three out of five matches in a tournament recently and narrowly missed out on winning the others. Their ability to work as a team and their sportsmanship means they are a real credit to our school. Well done everyone!

Nicole Holt



Hever Parish Council

The next meeting of the Parish Council is on Tuesday 16th July in Hever Village Hall at 7.30. The planning sub-committee meets beforehand at 7pm. All welcome. And here are a few pieces of news:

- Neverworld Festival at Wilderness Farm was granted a premises licence in June. The festival, which runs from 1-4 August, is subject to noise and other restrictions following submissions from locals and those living very near to the site are again being offered discounted tickets.

- The Secretary of State has appointed a planning inspector to carry out an independent examination of the Sevenoaks Local Plan. This is a routine step in the progress of the plan which can be monitored via www.sevenoaks.gov.uk/localplanexamination

- Sevenoaks Council with Action with Communities in Rural Kent is currently working on a project to support village shops. Anyone interested in free support should visit the website: kentruralretailers.co.uk

- News from the station: there were 42,948 passenger journeys from/ to Hever Station last year. Following the disruption of Summer 2018 the rail companies have set up a passenger benefit fund with £15 million to spend and £30,000 has been allocated to Hever Station. If you have any ideas for Hever - more seating, another shelter etc - please contact the clerk or the Hever Residents Association by 30 July.

Charlotte Cole
Clerk and Financial Officer
Hever Parish Council
01732 865547
clerk@hever.org
www.hever.org
Facebook/Heverparishcouncil



Sevenoaks council news

A little over a year ago, I started penning this column to explain what I was up to on your behalf. Since then we've covered festivals and events, ensuring we get the right houses in the right places with the right infrastructure, fly-tipping, community awards, the planning process, rubbish and recycling, the District Council's budget, as well as setting out some of the challenges we face in the year ahead.

However out 'on the knocker' it's not uncommon for people to ask who councillors are and what they do. A perfectly reasonable question, and all the more so when we're asking for your support in an election! In short, your councillors are local people, volunteering their time and knowledge to make our patch even better. We use the same roads, the same facilities and pay the same taxes as you. During evenings and weekends we meet with residents, businesses, charities and government agencies to bring together anyone who can make a difference to the area.

Hever Parish Council is the most local of our councils, covering the three villages in the United Benefice. Sevenoaks District Council's area is a little larger, stretching from Swanley in the north to Cowden and our villages in the south, by way of Sevenoaks, Westerham, Edenbridge and their environs. Meanwhile Kent County Council takes in, yes, you guessed it, the county. By the way, none of these are related to the Parochial Church Council, which is an altogether different thing!

As one moves up the list, the scale, though not necessarily the importance, of the issues they consider increases. For example, County Councillors handle some expensive and often tricky issues such as adult social care, children's services, education and the safety of our roads. The District is perhaps more locally focussed with its remit covering areas like rubbish and recycling collection, planning, licensing taxis, and overseeing food hygiene standards. The Parish meanwhile manages some of the most visible things, such as the upkeep of our bus stops, the mowing of verges, and the building of the new playground in Four Elms, whilst also performing an invaluable role as extra eyes and ears for the first two authorities.

Together we work as a team to represent our area and your interests, striving to ensure your money is spent to the benefit of those we are elected to serve: you, your friends and your neighbours. As I've said before, whilst I would never claim it is perfect, the services local government provides on our behalf – at County, at District, and at Parish level – are in many respects the marks of, for want of a better term, a civilised society.

As ever, please do not hesitate to get in touch if there's anything with which I might be able to assist.

Matthew Dickins
District Councillor for Cowden & Hever
Sevenoaks District Council, Argyle Road, Sevenoaks, Kent, TN13 1HG
e cllr.dickins@sevenoaks.gov.uk
m. 07910 328 110

Bore Place Summer Holiday Club

Day long drop off club (9am - 4pm) suitable for children 6-11, £35 per child

Survival Adventure

- Wednesday 31st July, for children to explore the Bore Place estate. Take on the bush craft challenge – can you survive without the trappings of modern life?

Bore Place Bake Off

- Thursday 1st August, for children to explore the Bore Place estate. Enjoy a field to fork day visiting the market garden to harvest vegetables, and then using them in the kitchen to make a yummy pizza for lunch.

Get Crafty

- Friday 2nd August, for children to explore the Bore Place estate. Make seed bombs, natural paint and muddy faces with materials found around the woodland!

Way of the Woodsman

- Tuesday 6th August, for children to explore the Bore Place estate, and use what they find to make artists' charcoal and a wooden mallet!

A Really Wild Day

- Wednesday 7th August, for children to explore the wildlife that make's Bore Place its home. Make a sightings notebook, check the trail cameras and be inspired to continue caring for wildlife.

Small Mammals

- Thursday 8th August, for children to explore the Bore Place estate, where they will be able to check trail cameras, practice field craft and search for the elusive brown hare.

Morning sessions 9.30 – 12 noon for children aged 3-6, £18 per child

Tiny Tots Farmyard Crafting and Baking

- Tuesday 13th August, Little ones can enjoy a morning of making jammy thumb-print cookies and some cow-themed craft, before heading outside to meet the real cows!

Pizza from Scratch

- Thursday 15th August, Children will explore the market garden to harvest some vegetables for pizza toppings and then return to the kitchen to learn how to make bread for the pizza bases.

Teddy Bears Picnic

- Tuesday 20th August, Younger children will have a wonderful morning exploring the produce in the vegetable garden to make a picnic for themselves and their teddies!

Morning sessions 9.30 – 12 noon for children aged 6 - 11, £18 per child

Summer Crafts

- Wednesday 14th August, Enjoy some crafting with nature! Messy and creative play will allow you to make mud gargoyles, natural paint and paintbrushes as well as clay nature impressions.

Den Building and Campfire Fun

- Wednesday 21st August, Get your kids away from their screens and into the great outdoors! Enjoy a morning of den building and campfire making, finishing off with hot chocolate and marshmallows.

For more information please contact
Bore Place, Bore Place Road, Chiddingstone, Kent, TN8 7AR
01732 463255
www.boreplace.org

Services July & August 2019

Services rota

Day	Date	Time	Church	Service	Sidesmen
				July	
Trinity 3	07 Jul	08.00 09.15 11.00	Four Elms Markbeech Hever	Holy Communion (BCP) Sung Eucharist Parish Communion	Leslie Griggs Liz Kaberry Jan Tolfree & Elly Heard
Trinity 4	14 Jul 20 Jul	09.15 11.00 18.00 TBA	Markbeech Four Elms Hever Hever	Sung Eucharist Pet Service Evensong (SR) Wedding Zeta Moniz & Dave Andrews	Carol Bowern Andrew Izod & Pat Evemy
Trinity 5	21 Jul 27 Jul	9.15 11.00 18.00 14.30	Markbeech Hever Four Elms Markbeech	Family Service Parish Communion Evening Prayer Matt & Sophie – Blessing	Wilkinson family Lisa & Will Cowell Gill Lambert
Trinity 6	28 Jul	11.00	Four Elms	Parish Communion	John & Mary Proctor
				August	
Trinity 7	04 Aug	11.00	Markbeech	Benefice Sung Eucharist	Ricky Calvocoressi
Trinity 8	11 Aug 11.Aug	11.00 12.30	Hever Markbeech	Benefice Communion Baptism – Archie Wadham	Pat Evemy & Elly Heard
Trinity 9	18.Aug	11.00 14.30	Four Elms Hever	Benefice Communion Baptism – Lily Honey Briggs	John & Christina Hodson
Trinity 10	25 Aug 31 Aug	11.00	Hever Markbeech	Benefice Communion Wedding – Will Southgate & Natasha Gibson	Robin Rouse & Jan Tolfree

Readers	Intercessions	Chalice
Fiona Irens & Flora Nedelcu Jane Rosam & Robin Rouse	Jill Linden Marion Purll	Vasile Nedelcu Jane Rosam
Pennie Scott & Janey Cooper Elly Heard & Andrew Izod	Liz Kaberry	Liz Kaberry
Elsie Bain Jane Rosam & Will Cowell Barbara Jackson	Alexander Irens Elly Heard	Jane Rosam
Mary Proctor & John Hodson	Elly Heard	
James Calvocoressi & Carol Bowern	Nick Irens	Duncan West
Andrew Izod & Jan Tolfree	Marion Purll	Elly Heard
John & Christina Hodson	Marion Purll	
Daryl Roxburgh & Robin Rouse	Ana Roxburgh	Jane Rosam

Lectionary readings July/ August 2019

Date	OT	Psalm	NT	Gospel	Sunday
07.Jul	Isaiah 66: 10-14	66:1-8	Galatians 6: 7-16	Luke 10: 1-11, 16-20	Trinity 3
14 Jul	Deuteronomy 30: 9-14	25: 1-10	Colossians1:1-14	Luke 10:25-37	Trinity 4
21 Jul	Genesis 18: 1-10a	15	Colossians1:15-28	Luke 10: 38-end	Trinity 5
28 Jul	Genesis 18: 20-32	138	Colossians 2:6-15	Luke 11: 1-13	Trinity 6
04 Aug	Ecclesiastes 1: 2,12-14;2: 18-23	49: 1-12	Colossians 3:1-11	Luke 12: 13-21	Trinity 7
11 Aug	Genesis 15: 1-6	33: 12-end	Hebrews 11: 1-3 & 8-16	Luke 12: 32-40	Trinity 8
18 Aug	Jeremiah 23: 23-29	82	Hebrews 11: 29-12:2	Luke 12: 49-56	Trinity 9
25 Aug	Isaiah 58: 9b-end	103: 1-8	Hebrews 12: 18-end	Luke 13: 10-17	Trinity 10

From the register

Baptisms

01 June
Eleanor & Gregory Reddaway
Four Elms

Weddings

25-May	Brendan Smith & Alicia Chaineaud	Hever
07-Jun	Joanna Hardy & Andrew Newman	Markbeech
08-Jun	Rorie Devine & Loana Wuzel	Hever
15-Jun	Maisie Sutton & Matthew Poulson	Markbeech

Churchwardens

Hever	Jane Rosam	07766 763124
Four Elms	Leslie Griggs Gill Lambert	01732 700428 01732 862976
Markbeech	Nicki Talbot Marielou Linklater	01342 850526 01342 850579

Priest in Charge Rev. Wendy Izod (01342) 850738, izodiham@gmail.com
Benefice website: Threespires. wordpress. com

Gardening from Warren

Top tips for gardening in July.

This month is all about maintaining your blooms, nurturing your fruit plants, and providing your garden with the care it needs to prevent damage and drying out during the warmer months.

Pest problems

July often brings with it an infestation of aphids, especially if it's wet and warm. Squash those that you see or use a weak detergent spray or biological control such as nematodes to tackle them.

Build up diversity in the garden by growing a variety of plants that will attract beneficial insects and other wildlife, to create a healthy balance between pests and predators.

Thin-out your fruits

During peak gardening season, the favourable conditions for plant growth mean that fruit trees can abundantly over-produce. Large quantities of heavy fruits such as apples, pears and plums on the branches can often result in a final crop of disappointingly small fruits. This is due to the high demand put on the tree's resources and the limited sunlight penetrating its heavy branches. July is prime time to thin out your dense crops by removing any excess or damaged fruits from the plant, enabling it to develop a more evenly ripe crop of fruits.

Water, water, water

This is something that's easy to do, but easy to get wrong, and often the main problem is under watering. If you spray an area of planting for one minute and move on, the water is unlikely to have gone deeper than a few millimetres into the soil, so won't have penetrated anywhere near the roots.

You need to water like a rain cloud. One way to test this is to put a jam jar in among the plants you're watering and stop when there's about 2cm of water in the jar. That's likely to take about 10-20 minutes on each area, which is understandably daunting. It's one of the reasons why leaky hose systems, which deliver water to the soil via a porous hose and operate at the turn of a tap, are so appealing.

Feed the birds

Competition for food among birds can be intense, with so many young fledglings on the scene so remember to top up your bird and wildlife feeders and water containers. The warmer weather means that July is an especially important month to tend to nature and keep your garden abuzz with birds, bees and other wildlife. Birds in particular relish in gardeners' efforts, using bird baths to both hydrate and cool down through bathing in the water.

If **you need extra help in your garden:**

Warren and Janine – Hands on Horticulture

www.handsonhorticulture.com
info@handsonhorticulture.com
07800 824554

Benefice monthly rainfall in millimeters

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Four Elms												
2018					62.7	1.2	44.7	67.2	17.1	38	96	70
2019	28	33	54	12	29.5							
Hever												
2018	79	36	81	65.5	79	0	36	63	32	41	127.5	81
2019	23	56	45.5	12	24							
Markbeech												
2018	83	40	82	77.25	70.05	1.5	51	68.5	33	47.5	105.5	91.5
2019	39.5	41	59.25	13.25	29							

Hall Bookings

Four Elms:
Village Hall
– Mr Leigh 01732 700514
Parish Rooms
– FE School 01732 700274
Hever
– Mrs Ryan 01732 864168
Markbeech
– Mrs Paige 01342 850328

Councils

Kent County Councillor
Peter Lake 07740 701695
Sevenoaks District:
Matthew Dickins 07910 328110
Hever Parish:
Charlotte Cole 01732 865547
clerk@hever.org

The Link Team

Bridget Harris, Joanna Wade, Paul Houlton
email: thelink@hever.org
Telephone 01732 700986 (Bridget) Mobile 07958 919 631 (Joanna)
Address 1 Triangle Cottage, Hever Road, Hever TN8 7NL
Benefice website threespires.wordpress.com **Community website** www.hever.org

The views expressed in the articles in this magazine are those of the authors and do not necessarily represent those of the editorial team. There is no implied approval or recommendation for any service or event advertised in the magazine.

Copy for the September edition should reach us no later than **15th August.**
Subscriptions cost £5 pa if delivered by a volunteer. For payment either: a) Send a cheque payable to 'The Link' with your address to 1 Triangle Cottage, Hever Road, Hever TN8 7NL or b) Make a bank transfer or set up a standing order payment to 'The Link' at Lloyds a/c 01057697 sort 30-92-92 with postcode and surname as reference.

A copy of The Link can be viewed in The Link section of the community website www.hever.org

July/August diary

29 June **Bulk refuse freighter** – 8am FE village hall then 9.30am Hever bottle bank
29 June **Four Elms CC home match against Shipbourne** (1sts) 1.30pm
30 June **Four Elms CC home match against Dormansland** 2pm
30 June **Eden Valley Museum WWI** exhibition ends
30 June **Chiddingstone Castle's Vintage Fair** 11- 4.30pm
30 June **Edenbridge Music & Arts Jazz at Saxby's Mead** 12.30 – 4pm
30 June **Outdoor production Much Ado about Nothing** Bishopscourt, Rochester
tickets from bridget.langstaff@btinternet.com 3pm
3 July **Eden Valley Museum Hop picking exhibition** opens
4 July **PCC meeting** at Saxby's Mead 7.30pm
7 July **Chiddingstone Castle Object Handling session** 11.30 – 3.30 pm
7 July **Village Lunch** at School Cottage, Markbeech 12.30
7 July **Falconhurst CC home match against Stonewall Park** 1.30pm
11 July **Hever Parish lunch**, Hever Village Hall. 12 for 12.30
13 July **Eden Valley Museum coffee morning to celebrate new exhibition** 10-1pm
13 July **Falconhurst CC home match against New Beacon '96** 1.30pm
13 July **Eden Valley Museum guided walk of Edenbrdge** 6.30 pm
13 July **Four Elms Fete**
21 July **Falconhurst CC home match against Bidborough** 1.30pm
23 July **Parish Lunch** Markbeech Village Hall 12.30
28 July **Falconhurst CC home match against South Nutfield** 1.30pm
31 July **Bore Place Summer Holiday Club – Survival Adventure** 9 – 4pm
1 Aug **Bore Place Summer Holiday Club – Bore Place Bake Off** 9 – 4pm
2 Aug **Bore Place Summer Holiday Club – Get Crafty** 9 – 4pm
4 Aug **Falconhurst CC home match against Grannies** 1.30pm
6 Aug **Bore Place Summer Holiday Club – Way of the Woodsman** 9 – 4pm
7 Aug **Bore Place Summer Holiday Club – A Really Wild Day** 9 – 4pm
8 Aug **Bore Place Summer Holiday Club – Small Mammals** 9 - 4pm
10 Aug **Eden Valley Museum guided walk of Edenbridge** 6.30 pm
11 Aug **Chiddingstone Castle Buddhist Arts and activity Day** 11- 4pm
13 Aug **Bore Place Summer Holiday Club-Tiny Tots Crafting and Baking** 9.30 – 12 pm
11 Aug **Falconhurst CC home match against Linden Park 2nds** 1.30pm
14 Aug **Bore Place Summer Holiday Club – Summer Crafts** 9.30 – 12pm
15 Aug **Bore Place Summer Holiday Club – Pizza from Scratch** 9.30 – 12pm
17 Aug **Falconhurst CC home match against Chelsfield Park** 1.30pm
17 Augt **Hever Hort summer show**, Hever Village Hall, 2pm
20 Aug **Bore Place Summer Holiday Club – Teddy Bears Picnic** 9.30 – 12pm
21 Aug **Bore Place Summer Holiday Club – Den Building + Campfire Fun** 9.30 – 12pm
7 Sept **Hever Barn Dance**
7 and 8 Sept **How Green Nursery open day** 9am – 5pm
14 Sept **Ladies Breakfast**, MB Village Hall, 9am
14 Sept **Eden Valley Museum guided walk of Edenbrdge** 2.30pm
21 Sept **Bulk refuse freighter** 8am FE village hall then 9.30am Hever bottle bank
28 and 29 September **Hever Castle Triathlon**
14 Nov **Ladies Breakfast**, MB Village Hall, 9am